

U3A Port Phillip Course Selection Guide

TERMS 3 & 4, 2010

Mary Kehoe Centre, 224 Danks Street, Albert Park

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MONDAY

ITALIAN BEGINNERS, INTERMEDIATE & ADVANCED ITALIAN

[CONTINUING]

In the beginners' class, a thorough grounding in the grammar and structure of the language is built through conversation, role playing and use of DVD.

In the intermediate and advanced classes, more idiomatic usage is introduced and more difficult structure developed through translation into Italian and the study of modern Italian literature.

TOUT en FRANCAIS

[CONTINUING]

French literature through the century. For students with a good grounding in the language.

CLASS FULL.

CHOIR

[CONTINUING]

U3APP's choir is being led and coached by Serena Carmel, who has worked with community and children's choirs, is a member of Melbourne Philharmonic choir, and a music teacher. Beginners and experienced singers are welcome and reading of music not essential

CINEMA AND DISCUSSION

[CONTINUING]

We attend ACMI Seniors' Cinema at Federation Square on the first Monday of every month at 1.30 p.m. (Tickets cost \$5.00). We then discuss the movie over coffee in the ACMI coffee shop. The program for 2010 includes a wide range of quality films. Seats are comfortable. Members enjoy the films and the lively discussions which follow.

Theatre: *Do not go gentle*... by Patricia Cornelius. Meet the writer after the performance. Check with conveners via the Office for date, time and cost. Booking essential.

GERMAN FOR TRAVELLERS

[CONTINUING]

The course is for relative newcomers or those who studied German at school and who have forgotten much of it. The course will provide up-to-date information and basic language skills for those interested in travelling to German-speaking Europe, and also deals with cultural aspects.

PHILOSOPHY AND CONTEMPORARY ISSUES

[CONTINUING]

In this discussion-based subject, we focus on a different news-related topic each fortnight, and explore how the ideas of some important thinkers might illuminate some of the key issues raised. Students are encouraged to form their own opinions, and engage in lively and friendly discussion moderated by the tutors. The aim of the discussion is to clarify our thinking on some of these issues and to show the strengths and weaknesses of different views on the topic, rather than to adjudicate on who is right. Topics are decided by agreement in class, and preparatory reading (accessible on the internet) is suggested in advance of each discussion.

ADVANCED FRENCH CONVERSATION

[CONTINUING]

The class will discuss French current affairs so students will be ex-

pected to be able to read French newspapers or watch French News programs. Fluency in French needed.

TUESDAY

FRENCH

[CONTINUING]

For those who learnt French at school but have forgotten much of it, or for those who can speak or read French to some degree but wish to improve. The course is based on Prof. Capretz's VCR Immersion French. We also listen to and discuss French songs.

NOTE: Limited places available.

OIL, NUCLEAR AND RENEWABLE ENERGY

[1ST TWO LECTURES ARE REPEATS]

Tuesday 12, 19 & 26 October

Retired engineer, Kevin Casey, will present a series of 3 lectures which will cover these topics:

- * Oil and Middle East Stability
- * The case for Nuclear Generation of Electricity in Australia.

- * Renewable energy electricity generation to its limit – but?.

And asks 'What's your perspective now!'

PROSPERITY AND PROBLEMS: AUSTRALIA'S FUTURE

[NEW]

This course explores the influences which will determine Australia's economic future. It places the changing Australian economy in a global and environmental context.

YOGA

[CONTINUING]

Experienced teacher Robyn Stephens teaches Hatha Yoga – stretches, breathing practices and meditation for body, mind and spirit. (Please discuss with the tutor

any health issues you think may effect your full participation). NOTE: Moved from Thursdays.

FELDENKRAIS [CONTINUING]

Ruth Avery will again be conducting this course which, while concentrating on the skeleton, is also meditative. For new comers, ankle weights (1lb/500gm) will be required

YEARS AHEAD – ROAD SAFETY FOR SENIORS [NEW]

Tuesday 20 July

One off lecture. This is an RACV presentation covering road safety and mobility and its impact on older people, updated road rules, road safety tips, passenger and pedestrian safety and future mobility planning.

HOW TO CHOOSE WISELY!

Tuesday 12 October [NEW]

One off lecture. Consumer Affairs Victoria will talk about topics which might be important to you. Topics such as retirement villages and reverse mortgages. More details in September.

WEDNESDAY

BOOK GROUP [CONTINUING]

Dalia Millingin leads this group and members will be contacted prior to beginning to discuss how the books should be obtained. Limited places.

A MUSIC LOVERS GUIDE TO LISTENING [CONTINUING]

Henry Wenig explains the many factors which influence the creation of great music.

PLAY READING [CONTINUING]

Fortnightly from 21 July
A play from World Theatre is read in its entirety at each meeting. We explore all genre: comedy, tragedy, historical, political, social and theatre of the absurd. The importance of acting, or just reading the part, is stressed because acting enhances enjoyment for all. The necessity of voice projection is understood. Self confidence develops, important for everyday living.

THURSDAY

INTRODUCTION TO CHINESE INK PAINTING [REPEAT]

6 sessions from 7 October

Over 6 weeks, students will have the opportunity to understand the basic concept of Chinese ink painting and the skill of using ink brush, technique in painting bamboo, lotus, floral/bird and other interesting subjects.

Cost: \$23 for brush, paper and ink.

NOTE: Limited places available.

Moved from Tuesdays.

WRITERS' GROUP

[CONTINUING]

Monthly 2nd Thurs from 12 August

Interested in writing? Maybe it is time to put down your memoirs, your autobiography, family stories or a short story you have been thinking about. Join a group of like-minded people from whom you can get support. Group leader is Patricia Ryan.

MEDICALIS [NEW]

4 tours Fortnightly from 29 July

Visit some of the world's best medical museums. Details of meeting places and times will be available from the office in first week of Term 3. Note that **ENROLMENT IS ESSENTIAL** for this series as numbers are strictly limited by the venues we will visit. People must arrive 5 minutes before the commencement of the tour.

29 Jul, 10-12noon - Harry Brookes Allen Museum of Anatomy and Pathology

The collection at this museum consists of approximately 12,000 specimens and artefacts. The museum is not usually open to the general public, so this is a rare treat.

12 Aug, 10-11am - Geoffrey Kaye Museum of Anaesthetic History

This collection chronicles the developments in anaesthesia, intensive care and pain medicine. The tour, which starts with morning tea, will also include the historic House *Ulimaroa*.

26 Aug, 10-11am - College of Surgeons Museum

Self guided tour. The collection includes significant surgical instruments, historic events in the history of surgery, and the history of surgery in the Asia-Pacific region since the arrival of Europeans.

9 Sept, 10-11am – Henry Forman Atkinson Dental Museum

The Museum contains over 2500 objects, photographs, documents and catalogues relating to the history of dentistry and dental education in Victoria dating from the early 1700s.

BOTANIKOS [NEW]

Explore the world of plants at some of Melbourne's most beautiful public and experimental gardens with Jenni Eaton. There may be small charge at some places.

Note that **ENROLMENT IS ESSENTIAL** for this series as transport has to be arranged.

7 Oct - introduction to landscape design plus a quick peak at some famous European Gardens

14 Oct - Morningstar Estate, Mt Eliza Rose Gardens plus a coffee

28 Oct - A day in the Dandenongs – Cloudehill perhaps a visit to Flemings Nurseries, lunch at Kuranga Native Nurseries. All depends on weather.

11 Nov - landscape designer, Robert Boyle's garden and coffee shop in Eltham

25 Nov – surprise!

2 Dec – back at Mary Kehoe to summarise and take a quick trip to the gardens of China.

The History and Culture of Southeast Asia [NEW]

This unit will examine:

- * new challenges to old authorities in Burma (Myanmar), Cambodia, Indonesian Archipelego, Malay Peninsular, Philippines, Thailand, Vietnam from the 18th Century;
- * new nations of Southeast Asia that emerged post WW2 evolved between 1870s-1940s;
- * social and cultural dynamics that led to modern nationalism in Southeast Asia, how that shaped

the various independence movements and how these in turn influenced the new nation-states; and * neo-colonial and post-colonial issues and the new sources of identity and culture that have emerged.

DRAWING THE HUMAN FIGURE AND FACE

[CONTINUING]

This course aims to teach some simple techniques in drawing the human figure simply and accurately. We will cover anatomy, proportion, perspective, structure and tone.

All drawings will be in charcoal on newsprint paper which you can purchase from the tutor on the first day of class. Drawing boards and easels will be supplied. The cost of the life model will be shared by the class (around \$5 per session). In addition bring: a kneadable eraser and 2 bulldog clips

CHINESE INK PAINTING PRACTICE

[CONTINUING]

This is an extension class for those who have completed the introductory course. It offers students the opportunity to build on their basic skills and explore new subjects. Cost: \$8 paper and ink. \$10 for extra brush if needed.

SCRABBLE

[CONTINUING]

Fortnightly from 22 July

Join this group to play a non-competitive and friendly game.

FRIDAY

CURRENT ISSUES

[CONTINUING]

1st & 3rd Fridays from 16 July

Discussion group with YOU contributing. Reviewing political, social and cultural issues of current interest and relevance. Facilitated discussion where you choose the agenda, you select the topics, you provide the stimulating content and everybody benefits.

ARTWORKS

[CONTINUING]

All who draw or paint in any medium, from beginners to professional - are welcome in this art group led by Shirley Armstrong. Be inspired by working with fel-

low artists in a friendly and helpful environment.

ITALIAN FOR PLEASURE

[CONTINUING]

In this course, students will widen their vocabulary, improve pronunciation and enhance understanding of Italian grammar and syntax through the songs and poetry of Fabrizio De Andre (and others).

This is not a beginner's course; a basic working knowledge of Italian is important.

MODERN DRAMA

[CONTINUING]

A Man For All Seasons by Robert Bolt.

SHAKESPEARE

[CONTINUING]

In Term 4 Michael Clarke will return 'in classic style'.

DANCE TO THE MUSIC

[CONTINUING]

Fortnightly from 10 Feb

Express yourself through movement to a variety of music. Each class will start with some gentle warm up exercises and finish with relaxation. In between these activities we can gently sway to the music, waltz around the room or dance as the creative mood takes us. A fun way to exercise in comfy clothes and bare feet.

NOTE Moved from Wednesdays; changed venue

SCIENTIFIC REVOLUTIONS

6, 13, 20 August

[NEW]

A look at break-throughs in Science, from classical to modern times, that had a revolutionary impact on how we viewed Science and the World.

A DANCE THROUGH HISTORY

[NEW]

3, 10, 17 September

This is a short course about the history of dance.

Week 1: Dancing for the Gods – dancing in ancient times

Week 2: Dancing in the streets – a look at folk dancing.

Week 3: Dancing above stairs – the gentry at play

STILL DANCING THROUGH

HISTORY

[NEW]

5, 12, 19 November

Another short course on the history of dance.

Week 1: From harem to cabaret – belly dancing

Week 2: Temples and sound stages – Indian dance.

Week 3: Baile Flamenco – gypsy dances.

SATURDAY

SOUNDBATH MEDITATION

[REPEAT]

Saturday 24 July

Immerse yourself in the soothing, sacred sounds of Tibetan, Japanese and crystal singing bowls. Carmen adds spoken word and song to guide you into blissful inner peace. Sit or BYO cushions and rugs to lie down.

MARY KEHOE SATURDAY SERIES

August 21

Refugees, Asylum Seekers, and Immigration - Q&A @ U3APP

This topic is engendering impassioned debate within the community. Join a panel of experts to tease out the issues.

October 16

Perspectives on Population Growth: a panel discussion

Explore current and future issues on population growth and the future of our society with a panel of senior experts.

November 20

Crime and Justice.

Speaker: Robin Bowles.

Join Melbourne author, Robin Bowles National convenor of Sisters in Crime Australia as she talks about her brush with the law.

Robin has written extensively about justice in Australia through books such as *Blind Justice*, *Justice Denied* and more recently *Blood Brother*.